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## Why Civilisations Die

### Tzav

In *The Watchman's Rattle*, subtitled *Thinking Our Way Out of Extinction*, Rebecca Costa delivers a fascinating account of how civilisations die. When their problems become too complex, societies reach, what she calls, a cognitive threshold. They simply can't chart a path from the present to the future.

The example she gives is the Mayans. For a period of three and a half thousand years, between 2600BCE and 900CE, they developed an extraordinary civilisation, spreading over what is today Mexico, Guatemala, Honduras, El Salvador, and Belize, with an estimated population of 15 million people.

Not only were they expert potters, weavers, architects, and farmers, they also developed an intricate cylindrical calendar system, with celestial charts to track the movements of the stars and predict weather patterns. They had their own unique form of writing as well as an

advanced mathematical system. Most impressively they developed a water-supply infrastructure involving a complex network of reservoirs, canals, dams, and levees.

Then suddenly, for reasons we still don't fully understand, the entire system collapsed. Sometime between the middle of the eighth and ninth century the majority of the Mayan people simply disappeared. There have been many theories as to why it happened. It may have been a prolonged drought, overpopulation, internecine wars, a devastating epidemic, food shortages, or a combination of these and other factors. One way or another, having survived for 35 centuries, Mayan civilisation failed and became extinct.

Rebecca Costa's argument is that whatever the causes, the Mayan collapse, like the fall of the Roman Empire, and the Khmer Empire of thirteenth century Cambodia, occurred because problems became too many and complicated for the people of that time and place to solve. There was cognitive overload, and systems broke down.

It can happen to any civilisation. It may, she says, be happening to ours. The first sign of breakdown is gridlock. Instead of dealing with what everyone can see are major problems,

people continue as usual and simply pass their problems on to the next generation. The second sign is a retreat into irrationality. Since people can no longer cope with the facts, they take refuge in religious consolations. The Mayans took to offering sacrifices. Archaeologists have uncovered gruesome evidence of human sacrifice on a vast scale. It seems that, unable to solve their problems rationally, the Mayans focused on placating the gods by manically making offerings to them. So apparently did the Khmer.

Which makes the case of Jews and Judaism fascinating. They faced two centuries of crisis under Roman rule between Pompey's conquest in 63BCE and the collapse of the Bar Kochba rebellion in 135CE. They were hopelessly factionalised. Long before the Great Rebellion against Rome and the destruction of the Second Temple, Jews were expecting some major cataclysm.

What is remarkable is that they did not focus obsessively on sacrifices, like the Mayans and the Khmer. With their Temple destroyed, they instead focused on finding substitutes for sacrifice. One was G'MILUT CHASADIM, acts of kindness. Rabban Yochanan ben Zakai comforted Rabi Joshua, who wondered how Israel

would atone for its sins without sacrifices, with the words:

"My son, we have another atonement as effective as this: acts of kindness, as it is written (Hoshei'a 6:6), 'I desire kindness and not sacrifice.'" (Avot d'Rabi Natan 8)

Another was Torah study. The Sages interpreted Malachi's words, "In every place offerings are presented to My name", to refer to scholars who study the laws of sacrifice (Menachot 100a).

"One who recites the order of sacrifices is as if he had brought them" (Taanit 27b)

Another was prayer. Hoshei'a said, "Take words with you and return to the Lord... We will "offer our lips as sacrifices of bulls" (Hoshei'a 14:2-3), implying that words could take the place of sacrifice.

He who prays in the house of prayer is as if he brought a pure oblation. Yerushlami, Perek 5 Halacha 1

Yet another was T'SHUYA. The Psalm (51:19) says "the sacrifices of God are a contrite spirit." From this the Sages inferred that "if a person repents it is accounted to him as if he had gone up to Jerusalem and built the Temple and the Altar and offered on it all the sacrifices ordained in the Torah" (Vayikra Rabba 7:2).

A fifth approach was fasting. Since going without food diminished a person's fat and blood, it counted as a substitute for the fat and blood of a sacrifice (B'rachot 17a). A sixth was hospitality. "As long as the Temple stood, the Altar atoned for Israel, but now a person's table atones for him" (B'rachot 55a). And so on.

What is striking in hindsight is how, rather than clinging obsessively to the past, leaders like Rabban Yochanan ben Zakai thought forward to a worst-case-scenario future. The great question raised by Parshat Tzav, which is all about different kinds of sacrifice, is not "Why were sacrifices commanded in the first place?" but rather, "Given how central they were to the religious life of Israel in Temple times, how did Judaism survive without them?"

The short answer is that overwhelmingly the Prophets, the Sages, and the Jewish thinkers of the Middle Ages realised that sacrifices were symbolic enactments of processes of mind, heart, and deed, that could be expressed in other ways as well. We can encounter the will of God by Torah study, engaging in the service of God by prayer, making financial sacrifice by charity, creating sacred fellowship by hospitality, and so on.

Jews did not abandon the past. We

still refer constantly to the sacrifices in our prayers. But they did not cling to the past. Nor did they take refuge in irrationality. They thought through the future and created institutions like the synagogue, house of study, and school. These could be built anywhere, and would sustain Jewish identity even in the most adverse conditions.

That is no small achievement. The world's greatest civilisations have all, in time, become extinct while Judaism has always survived. In one sense, that was surely Divine Providence. But in another it was the foresight of people like Rabban Yochanan ben Zakai who resisted cognitive breakdown, created solutions today for the problems of tomorrow, who did not seek refuge in the irrational, and who quietly built the Jewish future.

Surely there is a lesson here for the Jewish people today: Plan generations ahead. Think at least 25 years into the future. Contemplate worst-case scenarios. Ask "What we would do, if..." What saved the Jewish people was their ability, despite their deep and abiding faith, never to let go of rational thought, and despite their loyalty to the past, to keep planning for the future.

## Around the Shabbat Table:

- (1) Do you think society has now evolved to the point where it could survive indefinitely?
- (2) Why do you think finding alternatives to korbanot was key to the survival of the Jewish people?
- (3) What is something in your life that motivates you to continue striving for a great future?

**Y'HI ZICHRO BARUCH**