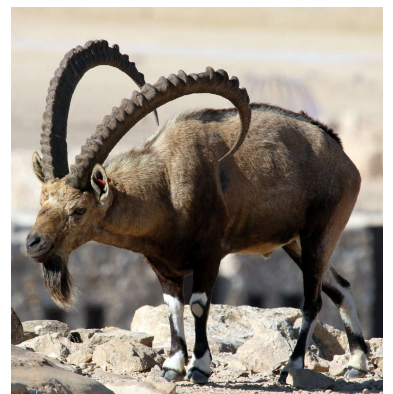
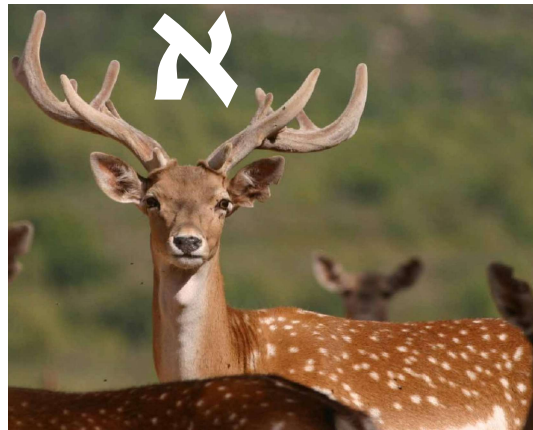


PHILOTORAH

לה"ו

יְהִי רָצוֹן מִלְּפָנֶיךָ ה' אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ שֶׁתִּשְׁלַח מְהֵרָה רְפוּאָה שְׁלֵמָה מִן הַשָּׁמַיִם,
רְפוּאָת הַנֶּפֶשׁ וְרְפוּאָת הַגּוּף לַפְּצוּעֵי הַמִּלְחָמָה, וּלְנִפְגְּעֵי מַעֲשֵׂי טְרוֹר וְאַנְטִישִׁמְיוֹת
בְּיִשְׂרָאֵל וּבְכָל מְקוֹם שֶׁהֵם – עִם שְׂאֵר חוֹלֵי יִשְׂרָאֵל. אָמֵן.

**May HaShem protect our soldiers; may He send Refu'ah Sh'leima to the many injured;
may He console the bereaved families and all of Israel; may He end these wars with
total success and peace for Medinat Yisrael and Klal Yisrael wherever we are.**



אֵל וְצִבִּי וְיוֹזְבוֹד וְאַקוֹ וְדִישָׁן וְתֵאוֹ וְזִמְרָה: זְבָרִים יִדֶּה

YERUSHALAYIM in/out for **R'EI**

Shabbat M'vorchim Chodesh Elul (Thu-Fri)

כ"ה מנחם אב ה'תשפ"ו • August 7-8, '26

 **6:56PM** Plag **6:06PM** •  **8:09PM** R' Tam **8:42PM**

Use the Z'MANIM link for other locales



month is on Wednesday, 8:38pm - 12 hours before the announced time. It happens.

Shabbat M'vorchim

This Shabbat, Parshat R'ei, we bench Rosh Chodesh Elul. R"Ch Elul is always two days in our fixed calendar - the 30th of Menachem Av and the first of Elul. This year on Thursday and Friday.

רֹאשׁ חֹדֶשׁ אֶלּוּל יִהְיֶה בְּיוֹם חֲמִישִׁי וּבְיוֹם
הַשְּׁשִׁי הֵבֵא עֲלֵינוּ וְעַל כָּל יִשְׂרָאֵל לְטוֹבָה:

Notice b'Yom Chamishi but BaYom HaShishi. I don't know if all calendars do it, but Yom HaShishi is a copy of the way Friday is called in the opening account of creation.

R'ei is most often Rosh Chodesh Benching, but 28% of the time it is Rosh Chodesh.

The Molad of Elul is on Thursday 8 hours 15 minutes.

הַמּוֹלָד יִהְיֶה בְּיוֹם חֲמִישִׁי, חֲמֵשׁ-עֶשְׂרֵה
דְּקוֹת אַחֲרֵי שְׁמוֹנֶה בְּבוֹקֶר.

The Molad is announced in what is called Jerusalem Solar Time. In clock time, the Molad of Elul 5786 is 8:59am.

The molad that we announce at R"Ch benching is the Molad Emtza'i, based on the average of the time it takes the moon to cycle through its phases. The actual molad (New Moon) this

ANI L'DODI V'DODI LI

"I am my beloved's, and my beloved is mine..." This quote from Shir HaShirim (6:3) is the well-known by its Rashei Teivot which spell ELUL. The phrase describes the mutual love between G-d and the People of Israel, which serves as an encouraging basis of our Elul-time task of sincere repentance.

Other phrases from Tanach are also associated with ELUL.

Notable among them are two other phrases which join ANI L'DODI to represent the three kinds of acts that help us avert an evil decree,

T'SHUVA (repentance),
T'FILA (prayer),
TZ'DAKA (chesed).

One of the p'sukim in the Torah that deals with the topic of T'shuva indicates G-d's help in the process: U'MOL HASHEM ELOKECHA **ET L'VOVCHA V'ET L'VAV** ZARECHA - And HaShem your God will circumcise your heart, and the heart of your offspring, to love HaShem your God with all your heart, and with all your soul, that you may live. This pasuk (D'varim 30:6) is read on the Shabbat before Rosh HaShana and contains a four word sequence - **ET L'VAVCHA**

V'ET L'VAV - whose initials spell ELUL.

The pasuk in Megilat Esther which contains an ELUL features inter-personal acts of kindness:

(...LAASOT OTAM... Y'MEI MISHTEH V'SIMCHA UMISHLO'ACH MANOT)

**ISH L'REI-EIHU
U'MATANOT LA-EVYONIM**

And here are a few more -

Vayikra 12:8 & 5:7 - **ECHAD L'OLAH
V'ACHAD L'CHATAT** and **ECHAD
L'CHATAT V'ECHAD L'OLAH**

Two types of sacrifices for different kinds of sins. The Chatat is for SHOGEV violation of some prohibitions; the Olah for non-fulfillment of positive mitzvot. Both failings must be on our Elul agenda!

Prayer is an essential element of Elul. In Divrei HaYamim Alef 29:13 we find, "Now therefore, our God, we thank you, and praise your glorious name." With ELUL embedded therein: V'ATA ELOKEINU MODIM **ANACHNU LACH
UM-HAL'LIM L'SHEIM** TIFARTE-CHA.

And look at this pasuk from Yirmiyahu (31:33), with ELUL embedded in it too:

...KI **ESLACH LA'AVONAM ULCHATATAM LO** EZKOR OD.

"...for I will forgive their iniquity, and I will no longer remember their sin."

Yirmiyahu 12:15 shows us the other part of "Return". And it shall come to pass... and have compassion on them, and will bring them back, every man to his heritage, and every man to his land.

**V'HAYA ACHAREI NATSHI OTAM
ASHUV V'RICHAMTIM
VAHASHIVOTAM
ISH L'NACHLATO V'ISH L'ARTZO**

The gimatriya of the word **ELUL** is 67. So is the gimatriya of **KOL TUV** - all good.